**Quick Reference Guide**

**Refer a patient to Healthy Hounslow (Formally known as OneYou Hounslow)**

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| **Guidance** |
| From 1*st* April onwards there will be changes to borough wide referrals for lifestyle services. OneYou Hounslow will cease and be replaced by [Healthy Hounslow](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthyhounslow.co.uk%2F&data=05%7C01%7Cdre.findley%40nhs.net%7C81de3dbc2b844b11927b08db401de643%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638174269376129788%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7ak%2BcvQAASFi0UApnRNCcus2Nx84hX8j%2FFcAakpHCXg%3D&reserved=0).  Under the new brand, an alliance of providers will deliver the following services:   * Health and wellbeing coaching * Smoking cessation * Cook & Eat programme * Community physical activity * Exercise on referral * Child/young person weight management * Adult weight management   A single standardised template for all services is available to Primary Care / HRCH for a referral into Healthy Hounslow.  Referrals to Healthy Hounslow from HRCH should be made by NHS Mail for all patients who consent to data sharing ([hounslowandrichmond.spa@nhs.net](mailto:hounslowandrichmond.spa@nhs.net))  Service outcomes will be returned back to Primary Care in two ways:   * A pre-populated template will be sent via Secure NHS Mail direct to the registered practice. * Outcomes data will also be coded directly into the patient record.   Referrals for eligible clients can be made by any qualified practitioner. |

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| **Instruction** |
| * Retrieve the patient you wish to refer to Healthy Hounslow. * Navigate to Communications and Letters. * Right click on Communications & Letters and select ‘new letter’. * Within the Sender & Recipient Type, select ‘this organisation & the patient’. * Select Choose Template. * Scroll down to the SPA folder and click on the little black arrow to expand the folder.      * Left click on ‘IHWBS GP Referral Form’ and click ‘OK’. * Fill in the parts highlighted in light blue on the form and select ‘Save as Final Version’ to complete and save the completed form to the patients record. * Find the completed form within Communications and Letters, right click on the saved form and select ‘Send via NHS Mail’. * Select ‘Existing Contact’. * Select SPA within ‘Organisation Contacts’ and left click on ‘Select’ * Select Yes * Save the patients record appropriately |