**Quick Reference Guide**

**Refer a patient to Healthy Hounslow (Formally known as OneYou Hounslow)**

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| **Guidance** |
| From 1*st* April onwards there will be changes to borough wide referrals for lifestyle services. OneYou Hounslow will cease and be replaced by [Healthy Hounslow](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhealthyhounslow.co.uk%2F&data=05%7C01%7Cdre.findley%40nhs.net%7C81de3dbc2b844b11927b08db401de643%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638174269376129788%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7ak%2BcvQAASFi0UApnRNCcus2Nx84hX8j%2FFcAakpHCXg%3D&reserved=0).Under the new brand, an alliance of providers will deliver the following services:* Health and wellbeing coaching
* Smoking cessation
* Cook & Eat programme
* Community physical activity
* Exercise on referral
* Child/young person weight management
* Adult weight management

A single standardised template for all services is available to Primary Care / HRCH for a referral into Healthy Hounslow. Referrals to Healthy Hounslow from HRCH should be made by NHS Mail for all patients who consent to data sharing (hounslowandrichmond.spa@nhs.net)Service outcomes will be returned back to Primary Care in two ways:* A pre-populated template will be sent via Secure NHS Mail direct to the registered practice.
* Outcomes data will also be coded directly into the patient record.

Referrals for eligible clients can be made by any qualified practitioner. |

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| **Instruction** |
| * Retrieve the patient you wish to refer to Healthy Hounslow.
* Navigate to Communications and Letters.
* Right click on Communications & Letters and select ‘new letter’.
* Within the Sender & Recipient Type, select ‘this organisation & the patient’.
* Select Choose Template.
* Scroll down to the SPA folder and click on the little black arrow to expand the folder.

* Left click on ‘IHWBS GP Referral Form’ and click ‘OK’.
* Fill in the parts highlighted in light blue on the form and select ‘Save as Final Version’ to complete and save the completed form to the patients record.
* Find the completed form within Communications and Letters, right click on the saved form and select ‘Send via NHS Mail’.
* Select ‘Existing Contact’.
* Select SPA within ‘Organisation Contacts’ and left click on ‘Select’
* Select Yes
* Save the patients record appropriately
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