

Adult Weight Management



Residents must meet the following criteria:

- Lives, works, studies and/or is registered with a Hounslow GP
- Adult 18+ years
- Obesity (BMI>30 or >27.5 for Asian populations)
- Does not meet any of the following exclusion criteria:
 - Severe/moderate frailty as recoded on a frailty register
 - Is pregnant
 - Has a diagnosed eating disorder
 - Has a significant unmanaged co-morbidity
 - Has had bariatric surgery in the last two years

Teen Weight Management



Coming in January 2024 - programme under development for 11-19 years